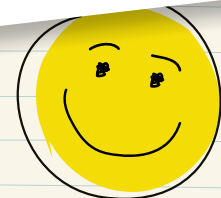


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HAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! Jojoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/gcc
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.

We hope your child enjoys our new menus.



www.mycaterlink.co.uk/gcc

Please visit the website for current updates



In Partnership with:



If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal?



Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

FRESH
+
HEALTHY
=
TASTY



ONE

TWO

THREE

AVAILABLE EVERY DAY...

29th Aug, 19th Sept, 10th Oct
17th Nov, 28th Nov, 19th Dec

5th Sept, 26th Sept, 17th Oct,
14th Nov, 5th Dec

12th Sept, 3rd Oct, 31st Oct,
21st Nov, 12th Dec

Beef Meatballs in Tomato Sauce with Rice
Cheese & Tomato Pizza with New Potatoes

Jacket Potato with Tuna

Roasted Mixed Vegetables

Peach Crumble with Custard
Yoghurt / Fresh Fruit Platter

Chicken & Broccoli Pasta Bake

Quorn Sausages with Mash & Gravy

Jacket Potato with Beans

Carrots & Green Beans

Chocolate Krispie Cake
Yoghurt / Fresh Fruit Salad

Roast Gammon with
Roast Potatoes & Gravy

Vegetable Moussaka with Roast Potatoes

Jacket Potato with Salmon Mayo

Broccoli & Swede

Fruity Flapjack
Yoghurt / Fresh Fruit Platter

Chicken Curry with Rice
Chickpea & Vegetable Hotpot

Jacket Potato with Cheese

Sweetcorn & Peppers

Apple Pie & Custard
Yoghurt / Fresh Fruit Salad

MSC Fishwich with Chips 
Cheese & Tomato Quiche with Chips

Jacket Potato with Beans

Baked Beans & Garden Peas

Chocolate & Mandarin Muffin
Yoghurt / Fresh Fruit Chunks

Beef Burger in a Bun with New Potatoes
Cheese & Pepper Whirl with New Potatoes

Jacket Potato with Tuna

Sweetcorn & Carrots

Pineapple Upside Down Cake with Custard
Yoghurt / Fresh Fruit Platter

Chicken & Sweetcorn Pie
with Mash Potato

Vegetable Lasagne with Garlic Slice

Jacket Potato with Beans

Green Beans & Courgettes

Chocolate Crunch with Chocolate Sauce
Yoghurt / Fresh Fruit Chunks

Roast Pork with Roast Potatoes & Gravy

Vegetable Wellington with Roast Potatoes

Jacket Potato with Salmon Mayo

Carrots & Cauliflower

Wholemeal Banana Loaf
Yoghurt / Fresh Fruit Salad

Organic Beef Spaghetti Bolognese
Lentil & Spinach Curry with Rice

Jacket Potato with Cheese

Roasted Mixed Vegetables

Fruit Jelly
Yoghurt / Fresh Fruit Platter

MSC Fish Fingers with Chips 
Vegetable Enchiladas with Chips

Jacket Potato with Beans

Baked Beans & Garden Peas

Chocolate & Beetroot Brownie
Yoghurt / Fresh Fruit Chunks

Sausages with Mash & Gravy
Veggie Toad in the Hole with
Mash & Gravy

Jacket Potato with Tuna

Sweetcorn & Mixed Peas

Rice Pudding with Mixed Berries
Yoghurt / Fresh Fruit Platter

Organic Meaty Pizza with
Savoury Wedges

Spiced Vegetable & Quorn Pattie

Jacket Potato with Beans

Green Beans & Carrots

Eve's Pudding with Custard
Yoghurt / Fresh Fruit Salad

Roast Chicken with Stuffing,
Roast Potatoes & Gravy

Mixed Vegetable Loaf with Roast Potatoes

Jacket Potato with Salmon Mayo

Savoy Cabbage & Broccoli

Carrot & Courgette Cake
Yoghurt / Fresh Fruit Chunks

Organic Beef Cottage Pie
Macaroni Cheese

Jacket Potato with Cheese

Sweetcorn & Cauliflower

Syrup Sponge with Custard
Yoghurt / Fresh Fruit Salad

MSC Battered Fish with Chips 
Cheese & Leek Flan with Chips

Jacket Potato with Beans

Garden Peas & Baked Beans

Chocolate Shortbread
Yoghurt / Fresh Fruit Platter

Jacket Potatoes

freshly cooked daily, with a choice of fillings where advertised.

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad items available daily

Fresh Fruit & Yoghurt

available daily

**WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON**

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

 Vegetarian option

 Oily fish

 Marine Stewardship Council details
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY