

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Gold Menu Autumn 2017



		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 4.9.17 25.9.17 16.10.17 13.11.17 4.12.17	Main	Sausages with Mashed Potato and Gravy	Chicken Tikka & Rice	Roast Gammon with Roast Potatoes and Gravy	Organic Beef Mince Cottage Pie	MSC salmon fishcake with Chips
	Vegetarian	Vegetable Cottage Pie with Mashed Potato Topping	Sweet & Sour Vegetables with Rice	Vegetable pasty with Roast Potatoes and Gravy	Quorn Sausage with Mashed Potato and Gravy	Roasted Vegetable fajita Wrap
		Jacket Potato with Beans	Tomato Soup & Filled Baguette	Jacket Potato with Salmon mayo	Vegetable Soup & Filled Baguette	Jacket Potato with Cheese
		Cauliflower Peas	Carrots Green Beans	Savoy Cabbage Swede	Sweet corn Carrots	Baked Beans Garden Peas
	Dessert	Plum & Vanilla Oaty Crumble with Custard Yoghurt Fresh Fruit Platter	Banana Cake & Custard Yoghurt Fresh Fruit Salad	Chocolate sponge with chocolate icing Yoghurt Fresh Fruit Platter	Apple Pie & Custard Yoghurt Fresh Fruit Salad	Flapjack Yoghurt Fresh Fruit Chunks
WEEK 2 11.9.17 2.10.17 30.10.17 20.11.17 11.12.17	Main	Beef Burger in a bun with Jacket Wedges	Chicken Neapolitan pasta	Roast Turkey with Roast Potatoes and Gravy	Organic Beef Mince Tortilla Stack	MSC Fish Fingers with Chips
	Vegetarian	Bean & vegetable Hotpot with Jacket Wedges	Macaroni Cheese with Garlic Slice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Pasta Bolognese	Cheese & Tomato Quiche with Chips
		Jacket Potato with Beans	Tomato Soup & Filled Baguette	Jacket Potato with Salmon Mayo	Vegetable Soup & Filled Baguette	Jacket Potato with Cheese
		Coleslaw Sweet corn	Broccoli Carrots	Carrots Green Beans	Roasted Mixed Vegetables	Baked Beans Garden Peas
	Dessert	Pineapple Upside Down Cake with Custard Yoghurt Fresh Fruit Platter	Lemon Mixed Berry cake & Custard Yoghurt Fresh Fruit Chunks	Vanilla Shortbread Fresh Fruit Salad	Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Chocolate Brownie Yoghurt Fresh Fruit Chunks
WEEK 3 18.9.17 9.10.17 6.11.17 27.11.17 18.12.17	Main	BBQ Chicken Pizza with Jacket Wedges	Organic Beef Mince Chilli with Rice	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Organic Beef Mince Pasta Bolognese	MSC or Battered Fish with Chips
	Vegetarian	Vegetable tortilla Stack	Lenfil & Sweet Potato Curry with Rice	Vegetable Wellington with Roast Potatoes and Gravy	Cheese Tomato Pizza with Wedges	Spanish Omelette with Chips
		Jacket Potato with Beans	Tomato Soup & Filled Baguette	Jacket Potato with Salmon Mayo	Vegetable Soup & Filled Baguette	Jacket Potato with Cheese
		Sweet corn Mixed Peppers	Green Beans Glazed carrots	Savoy Cabbage Sweetcorn	Broccoli Mixed Salad	Garden Peas Baked Beans
	Dessert	Bear Sponge with Custard Yoghurt Fresh Fruit Platter	Apple Crumble & Custard Yoghurt Fresh Fruit Salad	Chocolate Crunch Yoghurt Fresh Fruit Chunk	Jam Sponge with Custard Yoghurt	Lemon drizzle cake Yoghurt



Available Daily
 Freshly cooked jacket potatoes with a choice of fillings (where advertised)
 Bread freshly baked on site daily
 Daily salad selection
 Fresh fruit and yoghurt