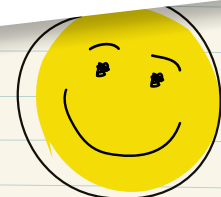


# W

# HAT'S FOR LUNCH THIS SUMMER...

**caterlink**  
feeding the imagination



**Caterlink is an award winning food service provider catering for primary schools.**



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

## keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: [www.mycaterlink.co.uk/gcc](http://www.mycaterlink.co.uk/gcc)  
email: [info@caterlinkltd.co.uk](mailto:info@caterlinkltd.co.uk)  
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.  
We hope your child enjoys our new menus.



[www.mycaterlink.co.uk/gcc](http://www.mycaterlink.co.uk/gcc)

Please visit the website for current updates



In Partnership with:



If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

## DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

## Is your child entitled to a free school meal?



Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

FRESH  
+  
HEALTHY  
=  
TASTY



# ONE

# TWO

# THREE

AVAILABLE EVERY DAY...

11th Apr, 2nd May, 23rd May,  
20th June, 11th July

18th Apr, 9th May, 6th June,  
27th June, 18th July

25th Apr, 16th May, 13th June,  
4th July

**Sausages with Mashed Potatoes & Gravy**  
Vegetarian Sausages with Mashed Potatoes & Gravy  
Jacket Potato with Cheese  
Cauliflower & Garden Peas  
**Carrot & Sultana Cake**  
Yoghurt / Fresh Fruit Platter

**Organic Beef Lasagne with Garlic Bread**  
Cheese & Leek Quiche with New Potatoes  
Jacket Potato with Tuna  
Broccoli & Sweetcorn  
Chocolate Sponge with Chocolate Sauce  
Yoghurt / Fresh Fruit Platter

**Roast Loin of Pork with Roast Potatoes & Gravy**  
Creamy Vegetable Pie with Roast Potatoes  
Jacket Potato with Beans  
Mixed Seasonal Vegetables  
Fruit Jelly & Ice Cream  
Yoghurt / Fresh Fruit Platter

**Organic Beef Cottage Pie**  
Quorn & Vegetable Curry & Rice  
Jacket Potato with Tuna  
Mixed Peppers & Broccoli  
Banana Loaf with Custard  
Yoghurt / Fresh Fruit Salad

**Fish Fingers with Chips**   
French Bread Pizza with Chips  
Jacket Potato with Beans  
Baked Beans & Garden Peas  
Apple Flapjack  
Yoghurt / Fresh Fruit Platter

**Chicken Neapolitan Pasta with Spinach**  
Cheese & Pepper Whirl with Jacket Wedges  
Jacket Potato with Cheese  
Garden Peas & Sweetcorn Mix  
**Iced Sponge**  
Yoghurt / Fresh Fruit Salad

**Beef Burger in a Bun**  
Quorn & Vegetable Stir Fry with Rice  
Jacket Potato with Tuna  
Carrots & Coleslaw  
**Orange Triangle with Custard**  
Yoghurt / Fresh Fruit Platter

**Roast Turkey with Roast Potatoes & Gravy**  
Lentil & Vegetable Quorn Roast with Roast Potatoes  
Jacket Potato with Beans  
Mixed Seasonal Vegetables  
Chocolate Krispie Cake  
Yoghurt / Fresh Fruit Salad

**Organic Beef Spaghetti Bolognese**  
Vegetable Fajitas  
Jacket Potato with Tuna  
Broccoli & Sweetcorn  
Fruit crumble with Custard  
Yoghurt / Fresh Fruit Platter

**Battered Fish & Chips**   
Red Pepper Frittata with Chips  
Jacket Potato with Beans  
Baked Beans & Garden Peas  
Lemon Drizzle Cake  
Yoghurt / Fresh Fruit Platter

**Ham & Pineapple Pizza with Wedges**  
Carrot, Courgette & Bean Sausage with New Potatoes & Gravy  
Jacket Potato with Cheese  
Sweetcorn & Coleslaw  
**Chocolate Oaty Square**  
Yoghurt / Fresh Fruit Salad

**Chicken Curry with Rice**  
Macaroni Cheese  
Jacket Potato with Tuna  
Cabbage & Carrots  
Marble Cake with Custard  
Yoghurt / Fresh Fruit Platter

**Roast Gammon with Baby Roast Potatoes & Gravy**  
Vegetarian Wellington with Roast Potatoes  
Jacket Potato with Beans  
Mixed Seasonal Vegetables  
Iced Shortcake  
Yoghurt / Fresh Fruit Salad

**Beef Meatballs with Rice**  
Vegetable Tortilla Stack  
Jacket Potato with Tuna  
Green Beans & Cauliflower  
Pineapple Upside Down Cake & Custard  
Yoghurt / Fresh Fruit Platter

**Fishwich in a Bun with Chips**   
Homemade Spicy Vegetable Burger with Chips  
Jacket Potato with Beans  
Garden Peas & Baked Beans  
Chocolate Beetroot Brownie  
Yoghurt / Fresh Fruit Salad

## Jacket Potatoes

freshly cooked daily, with a choice of fillings where advertised.

## Bread

freshly baked on site daily

## Daily salad selection

there will be a selection of salad items available daily

## Fresh Fruit & Yoghurt


available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

 Vegetarian option

 Oily fish

 Marine Stewardship Council details  
Web: [www.msc.org](http://www.msc.org)  
Chain of Custody  
Registration Code  
MML - C 1009

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY