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HAT'S FOR LUNCH THIS SPRING...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/gcc
email: info@caterlinktd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.

www.mycaterlink.co.uk/gcc

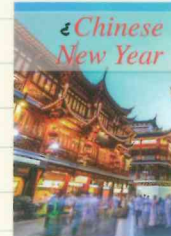
Please visit the website for current updates



In Partnership with:



DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

FRESH
+
HEALTHY
=
TASTY



ONE

TWO

THREE

AVAILABLE EVERY DAY...

4th Jan, 25th Jan, 22nd Feb, 14th March

11th Jan, 1st Feb, 29th Feb, 21st March

18th Jan, 8th Feb, 7th March, 28th March

Spaghetti Bolognese
Feta, Tomato & Spinach Quiche with New Potatoes
Broccoli & Swede
Eve's Pudding with Custard
Yoghurt / Fresh Fruit Platter

Turkey Pie with New Potatoes & gravy
Macaroni Cheese with Tomato topping
Sweetcorn & Green Beans
Plum Crumble With Custard
Yoghurt / Fresh Fruit Platter

Roast Chicken & Stuffing
with Roast Potatoes & Gravy
Spring Vegetable Risotto
Cabbage & Carrots
Trifle
Yoghurt / Fresh Fruit Platter

Beef Meatballs in Tomato Sauce
with Rice
Lentil & Sweet Potato Curry with Rice
Carrots & Green beans
Pear & Raisin Upside Down Cake with Custard
Yoghurt / Fresh Fruit Platter

Fishwich in a Bun with Chips
Veggie Hot Dog with Chips
Baked Beans & Garden Peas
Iced Sponge
Yoghurt / Fresh Fruit Platter

BBQ Chicken Pizza with Baked jacket Wedges
Red Pepper & Cheese Frittata with Baby New Potatoes
Coleslaw & Garden Peas
Apple Crumble & Custard
Yoghurt / Fresh Fruit Platter

Fish & Potato Pie
Vegetarian Pasta Bolognese
Peppers & Sweetcorn
Chocolate & Oaty Square with Chocolate Sauce
Yoghurt / Fresh Fruit Platter

Roast Turkey with Roast Potatoes & Gravy
Vegetable Enchilada with Roast Potatoes
Broccoli & Crushed Swede
Fruit Yoghurt & Shortbread
Yoghurt / Fresh Fruit Platter

Sausages with Mashed Potatoes & Gravy
Creamy Vegetable Pie
Green Beans & Carrots
Wholemeal Banana Sponge with Custard
Yoghurt / Fresh Fruit Platter

Battered Fish & Chips
Cheese & Tomato Pizza with Chips
Baked Beans & Garden Peas
Chocolate & Beetroot Brownie
Yoghurt / Fresh Fruit Platter

Beef Burger in a Bun
with Baby New Potatoes
Vegetable & Bean Cobbler with New Potatoes
Carrots & Sweetcorn
Lemon Drizzle Cake
Yoghurt / Fresh Fruit Platter

Lasagne with Garlic Slice
Lentil & Spinach Curry with Rice
Roasted Vegetable Medley
Pear & Ginger Sponge with Custard
Yoghurt / Fresh Fruit Platter

Roast Gammon with Roast Potatoes & Gravy
Vegetarian Wellington with Roast Potatoes
Shredded Cabbage & Carrots
Toffee Crispy
Yoghurt / Fresh Fruit Platter

Shepherd's Pie
Vegetable Goulash with Rice
Cauliflower & Broccoli
Carrot & Courgette Pudding with Custard
Yoghurt / Fresh Fruit Platter

Fish Fingers with Chips
Bean & Lentil Burger with Chips
Baked Beans & Garden Peas
Apple Flapjack
Yoghurt / Fresh Fruit Platter

Jacket Potatoes
freshly cooked daily, with a choice of fillings where advertised.
Bread
freshly baked on site daily
Daily salad selection
there will be a selection of salad items available daily
Fresh Fruit & Yoghurt
available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

Vegetarian option

Oily fish

Marine Stewardship Council details
Web: www.msc.org
Chain of Custody
Registration Code
MIML - C 1009

Jacket Potatoes: Monday | Cheese • Tuesday | Tuna • Wednesday | Baked Beans • Thursday | Tuna • Friday | Baked Bean

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY