

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
 - are physically active for sustained periods of time
 - engage in competitive sports and activities
 - lead healthy and active lives.

At Grangefield, we teach PE as an isolated subject and the scheme of work follows a developmental process:

	PE National Curriculum
Real PE Fundamentals 	EYFS Multi skills
	KS1 Fundamental Movement Skills & games
	LKS2 Transferable skills & basic tactics
	UKS2 Application to games with tactics

Intent

To provide high-quality physical education that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. To enable pupils to become physically confident in a way that supports their health and fitness. (We believe **RealPE** particularly supports this area of intent.) To provide opportunities for children to compete in sport and other activities that build character and help to embed the school games values of *passion, belief, respect, honesty, determination and teamwork*.

Implementation

The children experience a range of sports and activities throughout their time at Grangefield, which enables them to apply and improve their skills in different contexts. Invasion games, striking and fielding, outdoor adventure activities, gymnastics, dance and swimming are all covered within this developmental process.

Our curriculum is supplemented by a wide range of extra curriculum activities, run by teachers and external coaches. These clubs are part of our Extend Awards initiative which make links with the school games values and recognises the commitment and perseverance of children across the school.

As an active school within our community we are part of our local schools sports cluster which hosts regular sporting events. We are also part of a wider Cheltenham sports and physical activities network, Move More, which facilitates our Netball and Football Leagues as well as many other, year round, sporting fixtures... Hockey, Rounders, Quad Kids and Athletics to name a few.

We also hold our own competitions within school, using our owl groups to compete against each other. We hold an annual intra cross country competition, as well as other smaller intra competitions, with Sports Day rounding off the year!

We are a competitive school but we pride ourselves on our sportsmanship. The school games values and RealPE cogs underpin all our sports at Grangefield.

Impact

Our year concludes with our annual Sports Awards evening where we celebrate the school and children's achievements. We award the player player, best and most improved players for each club. We also have a team of the year award as well as the most sort after award of Sports Personality of the year. We have a sports council that help act as a pupil voice and we use assessment to monitor progress throughout the school.





RealPE

RealPE is a programme which focuses on the development and upkeep of Fundamental Movements in children. Fundamental Movements are the key skills, (moving, balancing and ball skills), that children should be able to do, to participate confidently and effectively in physical activity and sport. These skills are part of the PE National Curriculum in Key Stage 1 but not KS2. At Grangefield we believe our children need to continue to improve their fundamental skills throughout their time at primary school, which is why we are using this scheme, which runs from Reception to Year 6!



The RealPE scheme not only challenges the children's fundamental movements, but it also gives **'EVERY** child the physical literacy, emotional and thinking skills to achieve in PE, Sport and life'. It does this through the 6 different cogs. As a whole school we focus on one cog each half term. For example, the personal cog focuses on the children challenging themselves, being confident to ask for help and being determined to keep on trying when it is hard etc. The cogs will not only help our children in PE but also with their behaviour for learning in all other subjects.

PHYSICAL EDUCATION

Grangefield PE Curriculum Map 2019 - 2020

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	Real PE Fundamentals Personal - Unit 1 Skill application/games Balance and Mobility Gym Equipment	Real PE Fundamentals Social - Unit 2 Skill application/games Balance and Mobility Gym Equipment	Real PE Fundamentals Cognitive - Unit 3 Skill application/games Ball Skills (Rolling, throwing, catching)	Real PE Fundamentals Creative - Unit 4 Skill application/games Ball Skills (Rolling, throwing, catching)	Real PE Fundamentals Physical- Unit 5 Skill application/games Athletics	Real PE Fundamentals Health & Fitness - Unit 6 Skill application/games Athletics
Year 1	Real PE Fundamentals Personal - Unit 1 Skill application/games Tennis (Net wall games)	Real PE Fundamentals Social - Unit 2 Skill application/games Dance	Real PE Fundamentals Cognitive - Unit 3 Skill application/games Dance (Feet First Festival)	Real PE Fundamentals Creative - Unit 4 Skill application/games Kick Rounder's	Real PE Fundamentals Physical- Unit 5 Skill application/games Athletics	Real PE Fundamentals Health & Fitness - Unit 6 Skill application/games Athletics
Year 2	Real PE Fundamentals Personal - Unit 1 Skill application/games Tennis (Net wall games)	Real PE Fundamentals Social - Unit 2 Skill application/games Gym	Real PE Fundamentals Cognitive - Unit 3 Skill application/games Gym	Real PE Fundamentals Creative - Unit 4 Skill application/games Kick Rounder's	Real PE Fundamentals Physical- Unit 5 Skill application/games Athletics	Real PE Fundamentals Health & Fitness - Unit 6 Skill application/games Athletics
Year 3	Real PE Fundamentals Personal - Unit 1 Lancashire Scheme Gymnastics - Balancing Act(113)	Real PE Fundamentals Social - Unit 2 Lancashire Scheme Invasion Games - Three Touch Ball (1)	Real PE Fundamentals Cognitive - Unit 3 Swimming	Real PE Fundamentals Creative - Unit 4 Swimming	Real PE Fundamentals Physical- Unit 5 Lancashire Scheme Net/Wall Games	Real PE Fundamentals Health & Fitness - Unit 6 Lancashire Scheme Athletics (179)
Year 4	Real PE Fundamentals Personal - Unit 1 Lancashire Scheme Invasion games - On the Attack (25)	Real PE Fundamentals Social - Unit 2 Lancashire Scheme O.A.A - Problem Solving (225)	Real PE Fundamentals Cognitive - Unit 3 Lancashire Scheme Gymnastics - Partner Work (135)	Real PE Fundamentals Creative - Unit 4 Lancashire Scheme Dance - (linked to topic) (169)	Real PE Fundamentals Physical- Unit 5 Lancashire Scheme Striking/Fielding Games - Cricket (69)	Real PE Fundamentals Health & Fitness - Unit 6 Lancashire Scheme Athletics (195)
Year 5	Real PE Fundamentals Personal - Unit 6 Lancashire Scheme Invasion Games - Hockey Unit (42)	Real PE Fundamentals Social - Unit 3 Lancashire Scheme Invasion Games - Rugby Unit (16)	Real PE Fundamentals Cognitive - Unit 1 Lancashire Scheme Gymnastics (139)	Real PE Fundamentals Creative - Unit 2 Lancashire Scheme Dance - (linked to topic) (194)	Real PE Fundamentals Physical- Unit 4 Lancashire Scheme Net/Wall Games - Cone Task 1 (107)	Real PE Fundamentals Health & Fitness - Unit 5 Lancashire Scheme Athletics (234)
Year 6	Real PE Fundamentals Personal - Unit 6 Lancashire Scheme Invasion Games - Hockey Unit (42)	Real PE Fundamentals Social - Unit 3 Lancashire Scheme Invasion Games - Netball Unit (1)	Real PE Fundamentals Cognitive - Unit 1 Lancashire Scheme Dance - (linked to Topic) (221)	Real PE Fundamentals Creative - Unit 2 Lancashire Scheme Gymnastics/HRE (158)	Real PE Fundamentals Physical- Unit 4 Lancashire Scheme Striking/Fielding Games - Rounders (91) O.A.A - Orienteering (254) (minor adventure and owl groups)	Real PE Fundamentals Health & Fitness - Unit 5 Lancashire Scheme Athletics (234)
Sports Day Practise Reception, KS1 & KS2 (Sprints & Relay)						