



Can Do Croc Quotes

'A growth mindset for me is never giving up' – Pippa, Y5

Date	Activity	Date	Activity
3 May	Bank Holiday	28 May	Inset Day
10 May	NCMP nurses in school (Reception + Y6)	7 June	Term 6 starts
27 May	Term 5 ends	21 July	Term 6 ends - early finish (times to follow)

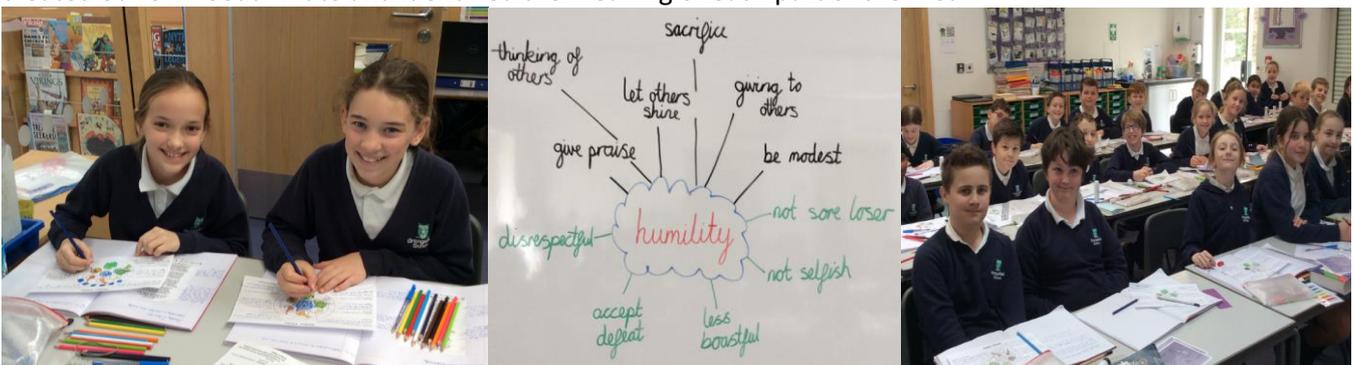
Welcome back – I hope you all had an enjoyable Easter break! We are looking forward to things getting back to normal but at present continue to ask you to wear face masks while on the school site and to observe social distancing where possible. The staggered drop off and collection times will continue for the rest of the term.

What have we been up to?

This term Year 4 are carrying out different investigations based around all areas of the Year 4 science curriculum. Today we made spinners and investigated the inquiry question, 'Does the size of the rotor affect how long it takes to fall to the ground?' The children made spinners of varying sizes and tested their predictions.



On the last day of the Spring term, we had an RE day where Year 6 studied 'humility' and service to others. We created a whole class mind map of different words and phrases to help explain humility. Next, we read the poem 'If' by Rudyard Kipling which shows examples of showing humility throughout your life. We then annotated the poem with examples in our own life where we have been humble. Finally, we listened to the story of the Last Supper and created our own Sedar Plate and identified the meaning of each part of the meal.



The little Y1 eco-heroes' first task in helping to protect the Earth was to go litter picking. They loved it! We couldn't believe how much rubbish there was around school and how much of it was plastic! We're so glad that it's safely in the recycling bin and can't be harmful to any wildlife



The Big Ask

Dame Rachel de Souza (Children's Commissioner for England) is currently promoting The Big Ask – the largest ever survey of children in England, designed to find out what their concerns and aspirations about the future are. The Big Ask is now live at <http://thebigask.uk/>. Please encourage your children to complete the survey if they can. The results of the survey will help her identify the barriers preventing children from reaching their potential. The more children who complete the survey, the stronger the results will be.

School Dinners

The school menu for the summer term is below and also on the school website. School dinners will now be charged at £2.34.

Due to the logistics of serving the meals in a safe environment hot meals will only be possible for:

- Children in receipt of a universal free school meal. This is free to all children in Reception, Year 1 and Year2 who wish to take up the offer.
- Children in receipt of a free school meal in any year group.
- Children in Key Stage Two who, every week, have a meal at least 4 or 5 days in a week. Unfortunately, we cannot accommodate 'peak' days (such as Wednesday Roast Day or Friday fish day) for Key Stage Two children who do not regularly have a meal.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 19/04/2021 10/05/2021 07/06/2021 28/06/2021 19/07/2021	Option 1	Macaroni cheese	Sausage & Mash with Gravy	Roast Chicken with stuffing, Roast Potatoes and Gravy	Chicken curry & rice	Salmon fish fingers/Fish fingers & Chips
	Option 2	Jacket Potato with filling	Jacket Potato with filling	Jacket Potato with filling	Jacket Potato with Filling	Jacket Potato with Filling
	Veg	Sweetcorn Peas	Carrots Cabbage	Swede Broccoli	Cauliflower Green beans	Peas Baked Beans
	Dessert	Marble sponge & custard	Apple Cake	Fruit Flapjack	Fruit Crumble with Custard	Chocolate Cookie
Week 2 26/04/2021 17/05/2021 14/06/2021 05/07/2021	Option 1	Mexican roll with Wedges	Beef Bolognese	Roast Pork with Roast Potatoes and Gravy	Chicken Pizza with Baby baked potatoes	Battered fish and Chips
	Option 2	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling
	Veg	Sweetcorn Broccoli	Peas Carrots	Savoy Cabbage Cauliflower	Sweetcorn Green Beans	Peas Baked Beans
	Dessert	Chocolate cake with Chocolate drizzle	Oaty Apple Crumble Custard	Orange, lemon Shortbread	Fruit Sponge	Apple, Cheese and Biscuits
Week 3 03/05/2021 24/05/2021 21/06/2021 12/07/2021	Option 1	Cheese & Tomato Pizza with Wedges	Meatballs Rice/Mash Tomato sauce/Gravy	Roast Gammon with Roast Potatoes and Gravy	Cottage Pie	Salmon fish fingers/Fish fingers & Chips
	Option 3	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling	Jacket Potato with Filling
	Veg	Coleslaw Mixed Salad	Sweetcorn Broccoli	Peas Cauliflower	Carrots Green beans	Peas Baked Beans
	Dessert	Oaty Cookie	Peach upside down cake with Custard	Iced Lemon Drizzle Cake	Chocolate apple sponge	Vanilla Shortbread

cat feeding

Added Plant Power
 Vegan
 Wholemeal

Fresh fruit available daily

ALLERGY INFORMATION:
 If your child has an allergy or intolerance please call a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

At National Online Safety we believe in empowering parents, carers and educators with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. Please visit nationalonlinesafety.com for further guides, hints and tips for adults.

Part of our Online Mental Health & Wellbeing Series

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Online Mental Health & Wellbeing

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What you need to know about... AGE RATINGS



What are they?

A game's age rating can be used by adults to make an informed choice as to whether or not a game is suitable for their child. The PEGI (Pan European Game Information) system rates games and, instead of indicating the level of ability required to physically play a game, it indicates the suitability of content for that age group. 3, 7, 12, 16 and 18 are the labels that can be awarded to games and a variety of content descriptors such as violence, bad language and fear are used to further clarify why the label was assigned.

Know the Risks

- 18+** **Inappropriate content**
The biggest and most obvious risk of not following the age rating system is that children may view or hear age-inappropriate content. Many games now include scenes of a violent or graphic nature which could be upsetting or considered too intense for younger players.
- Peer pressure**
Peer pressure has a large role to play in age ratings being overlooked. Children don't want to be the ones left behind and can put their parents under pressure to allow them to play a game beyond the recommended suitability, especially when all of their friends are playing it already.
- Level of 'Kudos'**
Playing a game with a label that's higher than their age can be viewed by some children as a challenge and to gain a good reputation amongst friends. 'Kudos' is attributed to the child playing the age inappropriate game resulting in more children wanting to follow suit.
- Free Platforms**
In order for a game to be released on popular platforms, such as PlayStation and Xbox, game developers must pay for a PEGI rating. However, smaller developers that aren't as profitable may be reluctant to pay these fees and games are often released on other platforms, such as Steam, without any age restrictions.

Spot the Signs

- Being vague**
Be aware of children being vague around the content of what they want to play. If they are unwilling to supply you with information about what the game is about, this can be an indicator that you wouldn't allow them to purchase it if you knew.
- Unofficial sites**
There are plenty of indie games that can be bought using online stores that don't necessarily have age restrictions. If you notice your child using sites such as GOG or itch.io rather than official channels such as the Google Play Store, they might be accessing games that aren't officially rated but still aren't age appropriate.
- Unfamiliar terminology**
Your child might start using phrases or terminology that is new to them or mimicking actions that they have learnt from a game without realising their inappropriateness.
- Wanting to be secluded**
Be aware if suddenly your child wants the move the device that they play their games on into a more secluded area of the house away from adults. It is a good idea for your child to play online games in shared areas where you can see the screen.
- Be aware of spending**
Setting up accounts with online stores require bank account details. Keeping an eye on your bank balance means that you will be able to tell if there has been a new purchase and can provide you with an opportunity to ask about what new game they've purchased.

16 & UP ONLY

12-15

Safety Tips

- Do your research**
If you've noticed a new game that your child has downloaded then use quality resources to make sure that your knowledge is up to date. Online websites, such as National Online Safety, can provide you with the information you need.
- Review parental controls**
Review your parental controls on the stores where you buy games from. Most sites allow parents to set passwords to block games with certain age restrictions from being downloaded.
- Encourage open dialogue**
Encourage open dialogue with your child. You don't want to be in position where they won't talk to you if something has made them feel uncomfortable in a game because they are worried they will get in trouble for playing the game in the first place.
- Discuss ratings**
Talk to your child about why the game has been awarded a certain label. Debate the positives and negatives of playing a game and decide on some ground rules together.

Our Expert

Heather Cardwell

Heather Cardwell is a practising Online Safety Lead and senior school leader who is passionate about safeguarding online and educating children around online risks. She has over 10+ years as a Computing Lead and has successfully developed and implemented a whole school approach to online safety in schools, delivering online safety training to both school staff and parents and helping to roll-out a bespoke online safety policy across her local network of education settings.

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.07.2020

Reminders

- As the weather gets warmer please remember to send your children in with a cap. Please also ensure that they continue to bring a coat.

Have a good weekend,
Mrs Lewis



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CLASS TIMETABLE (COMMENCING 12TH APRIL 2021)

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
GLOUCESTER						
MATSON <small>The Redwell Centre, Redwell Road, GL4 6JG</small> 6.30 – 7.30pm SENSEI JAMES	QUEDGELEY <small>Quedgeley Community Centre, School Lane, GL2 4PJ</small> 6 – 7pm 7 – 8pm SENSEI PETE	LINDEN <small>Ridston Hall High School (Dance Studio), Stroud Rd., GL1 5LE</small> 6 – 7pm SENSEI BECKY	BROCKWORTH <small>Cockers Edge Community Centre, Topham Way, GL3 4BG</small> 6.15 – 7.15pm SENSEI CHRIS & SHANE	KINGSWAY <small>Waterworks Sports Centre, Stoverton Dr. Quedgeley, GL2 2AG</small> 6 – 8pm 8 – 9pm SENSEI DAN	QUEDGELEY <small>Quedgeley Community Centre, School Lane, GL2 4PJ</small> 10 – 11am 11am – 12pm SENSEI ALAN	CHOSEN HILL <small>Chosen Hill School Sports Hall, Brookfield Rd., GL3 2PL</small> 10 – 11am 11am – 12pm SENSEI SOPHIE
	CHOSEN HILL <small>Chosen Hill School Sports Hall, Brookfield Rd., GL3 2PL</small> 6.30 – 7.30pm 7.30 – 8.30pm SENSEI SOPHIE				CHOSEN HILL <small>Chosen Hill School Sports Hall, Brookfield Rd., GL3 2PL</small> 11am – 12pm SENSEI CHRIS	
CHELTENHAM & TEWKESBURY						
BISHOPS CLEEVE <small>Bishops Cleeve Youth & Community Centre, Church Rd., GL52 6PL</small> 6.30 – 7.30pm SENSEI FEN	TEWKESBURY <small>Wheatplices Community Centre, Columbine Rd., GL20 7SP</small> 6 – 7pm 7 – 8pm SENSEI JORDAN	WARDEN HILL <small>Bourneville School Warden Hill Rd., GL51 2EF</small> 6.30 – 7.30pm SENSEI PETE		CHELTENHAM <small>Springbank Resource Centre, Springbank Way, GL51 0LG</small> 6 – 7pm 7 – 8pm SENSEI ADRIAN	CHELTENHAM <small>Springbank Resource Centre, Springbank Way, GL51 0LG</small> 10 – 11am SENSEI ADRIAN	TEWKESBURY <small>Wheatplices Community Centre, Columbine Rd., GL20 7SP</small> 10.30 – 11.30am SENSEI JORDAN
STROUD & DURSLEY						
DURSLEY <small>Dursley Community Centre, Redbrook Drive, GL11 4BS</small> 6.30 – 7.30pm SENSEI JOHN		STROUD (2) <small>Maypole Village Hall, Stratford Rd., GL5 4AN</small> 6.30 – 7.30pm SENSEI TREVOR		DURSLEY <small>Dursley Community Centre, Redbrook Drive, GL11 4BS</small> 6.30 – 7.30pm SENSEI JOHN		STROUD <small>Coles Green Primary School, Willow Road, GL5 4PL</small> 10.30 – 11.30am 11.30am – 12.30pm SENSEI ALAN

N.B. Classes highlighted = indoor (U18s) + outdoor training available for over 18's. All other classes indoor only (U18's until May 17th)