

Intent

Physical Education gives chances for children to be creative, cooperative and competitive and to face up to diverse challenges both as individuals and in groups, no matter their physical or special educational needs.

We provide high quality physical education that inspires **ALL** pupils to succeed and excel in physically-demanding activities. We enable pupils to become physically confident in a way that supports their health and fitness. We also provide opportunities for children to compete in sport and other activities that build character and help to embed the School Games values of passion, belief, respect, honesty, determination and teamwork.

The intent of our P.E. curriculum is:

- To enable all children to be engaged in physical activity and show good control and coordination of the fundamental skills.
- To enable children to learn rules and tactics for a broad variety of team games and sports.
- To enable children to live a healthy lifestyle at school and at home.
- To enable children to perform to the highest standard and increase participation opportunities to represent the school, town and county in their specialist sporting area.
- To enjoy taking part in physical activity and sharing these experiences with each other by raising the profile of PE and sport across the whole school.

By the end of EYFS, pupils should be able to:

C&L – Listening, Attention and Understanding - Listen attentively and respond to what they hear with relevant questions.

C&L – Speaking - Participate in small group, class and one-to-one discussions.

PSE – Self-Regulation – Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.

PSE – Managing Self – Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reason for rules, know right from wrong and try to behave accordingly. Understand the importance of healthy food choices.

PSE – Building Relationships – Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.

PD – Gross Motor Skills – Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination when playing. Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

By the end of KS1, pupils should be able to:

- Develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- Engage in competitive and cooperative physical activities, in a range of increasingly challenging situations.
- Master basic movements including running, jumping, throwing and catching.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

By the end of KS2, pupils should be able to:

- Continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other.
- Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- Use running, jumping, throwing and catching in isolation and in combination.
- Play competitive games and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance.
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Implementation

Physical Education is mainly found in the 'Physical Development' section of the EYFS curriculum but it is also found in the 'Communication and Language' and 'Personal, Social and Emotional Development' sections. Children in Reception participate in Physical Education through outdoor play and weekly planned PE sessions. Resources to encourage physical development are provided for the children to use in continuous provision.

The children experience a range of sports and activities throughout their time at Grangefield, which enables them to apply and improve their skills in different contexts. Invasion games, striking and fielding, outdoor adventure activities, gymnastics, dance and swimming are all covered within this developmental process.

Our curriculum is supplemented by a wide range of extra curriculum activities, run by teachers and external coaches. These clubs are part of our Extend Awards initiative which make links with the school games values and recognises the commitment and perseverance of children across the school.

We regularly hold our own competitions within school, using our owl groups to compete against each other. We hold an annual intra cross country competition, as well as other smaller intra competitions, with Sports Day rounding off the year!

To compliment the RealPE scheme, we have designed a separate curriculum map for Y5 and Y6 to follow, in which the skill application part of the lesson, is in a 'real sport' to ensure they experience all the 'key sports' before they leave us. This is to help prepare them for Level 2 competitions and secondary school.



RealPE is a programme which focuses on the development and upkeep of Fundamental Movements in children. Fundamental Movements are the key skills, (moving, balancing and ball skills), that children should be able to do, to participate confidently and effectively in physical activity and sport. These skills are part of the PE National Curriculum. At Grangefield we believe our children need to continue to improve their fundamental skills throughout their time at primary school, which is why we are using this scheme, which runs from Reception to Year 6!



The RealPE scheme not only challenges the children's fundamental movements, but it also gives 'EVERY child the physical literacy, emotional and thinking skills to achieve in PE, Sport and life'. It does this through the 6 different cogs. As a whole school we focus on one cog each half term. For example, the personal cog focuses on the children challenging themselves, being confident to ask for help and being determined to keep on trying when things become challenging. The cogs will not only help our children in PE but also with their behaviour for learning in all other subjects.

As an active school within our community we are part of our local schools sports cluster which hosts regular sporting events. We are also part of a wider Cheltenham sports and physical activities network, Move More, which facilitates our Netball and Football Leagues as well as many other, year round, sporting fixtures... Hockey, Rounders, Quad Kids and Athletics to name a few.

We are a competitive school but we pride ourselves on our sportsmanship. The school games values and RealPE cogs underpin all our sports at Grangefield.

Impact

The impact of our Physical Education curriculum will be assessed using student and teacher voice, achievements within in-school and external competitions as well as through the RealPE assessments. The aim is for children to understand the importance of what they are learning within P.E. and to enjoy their physical education experiences within school.

- Children will achieve age related expectations in P.E. and have a secure knowledge of the fundamental skills.
- Children will be keen to participate in wider sporting activities within and outside of the school day.
- Children will develop an understanding of the importance of good health and well-being which they demonstrate throughout their day to day life and into their future.



Grangefield PE Curriculum Map 2021-2022 RealPE/RealGym

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
Rec	Real PE Fundamentals Unit 1 - Personal FUNS 10 Coordination: Footwork FUNS 11 Static balance: One leg Other - Cross Country Fine Motor	Real PE Fundamentals Unit 2 - Social FUNS 6 Dynamic Balance to Agility: Jumping and landing FUNS 2 Static balance: seated Other - Cross Country Fine Motor	Real PE Fundamentals Unit 3 - Cognitive FUNS 5 Balance on a line FUNS 4 Static balance: stance Other - Dance Practise getting dressed	Real PE (YR) Unit 1 - Social Gym Skills Shape Travel	Real PE Fundamentals Unit 4 - Creative FUNS 9 Coordination: ball skills FUNS 7 Counter balance with a partner Other - Dance Practise getting dressed	Real PE Fundamentals Unit 5 - Physical FUNS 8 Coordination: Sending and receiving FUNS 12 Agility reaction and response. Other - Sports Day Practice	Real PE Fundamentals Unit 6 - Health & Fitness FUNS 11 Agility: Ball Chasing FUNS 3 Static balance: stance, floor work Other - Sports Day Practice	
Year 1	Real PE Fundamentals Unit 1 - Personal FUNS 10 Coordination: Footwork FUNS 11 Static balance: One leg Other - Cross Country Fine Motor	Real Gym (Y1A) Unit 1 - Social Gym Skills Shape Travel	Real PE (Y1B) Unit 3 - Social FUNS 5 Balance on a line FUNS 4 Static balance: stance	Real PE (Y1A) Unit 3 - Cognitive FUNS 5 Balance on a line FUNS 4 Static balance: stance	Real PE (Y1B) Unit 1 - Cognitive Gym Skills Shape Travel	Real PE Fundamentals Unit 5 - Physical FUNS 8 Coordination: Sending and receiving FUNS 12 Agility reaction and response. Other - Sports Day Practice Athletics	Real PE Fundamentals Unit 6 - Health & Fitness FUNS 11 Agility: Ball Chasing FUNS 3 Static balance: stance, floor work Other - Sports Day Practice Athletics	
Year 2	Real PE Fundamentals Unit 1 - Personal FUNS 10 Coordination: Footwork FUNS 11 Static balance: One leg Other - Cross Country	Real PE Fundamentals Unit 2 - Social FUNS 6 Dynamic Balance to Agility: Jumping and landing FUNS 2 Static balance: seated	Real PE (Y2A) Unit 1 - Cognitive Gym Skills Balance Travel	Real PE (Y2B) Unit 4 - Cognitive FUNS 9 Coordination: ball skills FUNS 7 Counter balance with a partner	Real PE (Y2A) Unit 4 - Creative FUNS 9 Coordination: ball skills FUNS 7 Counter balance with a partner	Real PE (Y2B) Unit 1 - Creative Gym Skills Balance Travel	Real PE Fundamentals Unit 5 - Physical FUNS 8 Coordination: Sending and receiving FUNS 12 Agility reaction and response. Other - Sports Day Practice Athletics	Real PE Fundamentals Unit 6 - Health & Fitness FUNS 11 Agility: Ball Chasing FUNS 3 Static balance: stance, floor work Other - Sports Day Practice Athletics
Year 3	Real PE Fundamentals Unit 1 - Personal FUNS 10 Coordination: Footwork FUNS 11 Static balance: One leg Other - Cross Country	Real Gym (Y3B) Unit 1 - Social Gym Skills Travel Rotation	Real PE (Y3A) Unit 3 - Social FUNS 5 Balance on a line FUNS 9 Coordination: Ball Skills	Real PE (Y3B) Unit 3 - Cognitive FUNS 5 Balance on a line FUNS 9 Coordination: Ball Skills	Real Gym (Y3A) Unit 1 - Cognitive Gym Skills Travel Rotation	Real PE Fundamentals Unit 4 - Creative FUNS 8 Coordination: Sending and receiving FUNS 7 Counter balance with a partner Other - Swimming	Real PE Fundamentals Unit 5 - Physical FUNS 12 Agility reaction and response. FUNS 3 Static balance: stance, floor work Other - Sports Day Practice Athletics & Quad Kids	Real PE Fundamentals Unit 6 - Health & Fitness FUNS 11 Agility: Ball Chasing FUNS 4 Static balance: stance Other - Sports Day Practice Athletic
Year 4	Real PE Fundamentals Unit 1 - Personal FUNS 10 Coordination: Footwork FUNS 11 Static balance: One leg Other - Cross Country	Real PE Fundamentals Unit 2 - Social FUNS 6 Dynamic Balance to Agility: Jumping and landing FUNS 2 Static balance: seated	Real Gym (Y4A) Unit 1 - Cognitive Gym Skills Balance Rotation	Real PE (Y4B) Unit 4 - Cognitive FUNS 8 Coordination: Sending and receiving FUNS 7 Counter balance with a partner	Real PE (Y4A) Unit 4 - Creative FUNS 8 Coordination: Sending and receiving FUNS 7 Counter balance with a partner	Real Gym (Y4B) Unit 1 - Creative Gym Skills Balance Rotation	Real PE Fundamentals Unit 5 - Physical FUNS 12 Agility reaction and response. FUNS 3 Static balance: stance, floor work Other - Sports Day Practice Athletics	Real PE Fundamentals Unit 6 - Health & Fitness FUNS 11 Agility: Ball Chasing FUNS 4 Static balance: stance Other - Sports Day Practice Athletics
Year 5	Real PE Fundamentals Unit 6 - Personal FUNS 11 Agility: Ball Chasing FUNS 8 Coordination: Sending and receiving Other - Cross Country School	Real PE Fundamentals Unit 3 - Social FUNS 5 Dynamic Balance on a line FUNS 7 Counter balance with a partner Other - Cross Country School	Real PE Fundamentals Unit 3 - Cognitive FUNS 9 Coordination: Ball Skills FUNS 12 Agility reaction and response. Other - Dance	Real PE (Y5A) Unit 1 - Cognitive Gym Skills Hand Apparatus Low Apparatus	Real PE (Y5B) Unit 4 - Physical FUNS 1 Static balance: One leg FUNS 6 Dynamic Balance to Agility: Jumping and	Real PE (Y5A) Unit 4 - Physical FUNS 1 Static balance: One leg FUNS 6 Dynamic Balance to Agility: Jumping and	Real Gym (Y5B) Unit 1 - Physical Gym Skills Hand Apparatus Low Apparatus	Real PE Fundamentals Unit 5 - Health & Fitness FUNS 4 Static balance: stance FUNS 10 Coordination: Footwork Other - Sports Day Practice Athletics

Year 5 and 6 supplementary curriculum map (Key / Real Sports)

Year 5	RealPE Unit	RealPE Game	Linked Sport	Level 2 Competition Opportunity	Year 6	RealPE Unit	RealPE Game	Linked Sport	Level 2 Competition Opportunity
	Unit 1 Aut 1	Throw Tennis EndBall	Hockey	Hockey Spr 2		Unit 1 Aut 1	Throw Tennis EndBall	Football	Football Au2
	Unit 2 Aut 2	Seated Volleyball Scorpion Handball	Volleyball	Netball Aut 2		Unit 2 Aut 2	Seated Volleyball Scorpion Handball	Netball	Netball Aut 2
	Unit 3 Spr 1	River Crossing Kabadi	Orienteering	Tag Rugby Spr 2		Unit 3 Spr 1	River Crossing Kabadi	Tag Rugby	Tag Rugby Spring 2
	Unit 4 Spr 2	Jump Ball Jump, Roll Balance	Dance / Gymnastics			Unit 4 Spr 2	Jump Ball Jump, Roll Balance	Gymnastics /Dance	
	Unit 5 Su 1	Bean Bag raid Dodgeball	Cricket	Cricket Su 1		Unit 5 Su 1	Bean Bag raid Dodgeball	Rounders	Rounders Summer 1
	Unit 6 Su 2	Throlf Scatterball	Tennis/ Badminton	Quad Kids Su1 POW comp Su 2		Unit 6 Su 2	Throlf Scatterball	Tennis/ Badminton	Quad Kids Su1 POW comp Su 2