

## **Intent**

We aim to deliver a PSHE curriculum which is accessible to all and that will maximise the outcomes for every child at Grangefield School. Our curriculum aims to help pupils to develop the knowledge, skills and attributes they need to manage many of the critical opportunities, challenges and responsibilities they will face as they grow up and into adulthood.

By teaching pupils how to stay safe and healthy, and by building self-esteem, resilience and empathy, we aim to tackle barriers to learning, raise aspirations and improve life chances. Our PSHE curriculum links closely to the statutory guidance on Relationships and Sex Education ensuring that our children are taught the skills they need to form healthy relationships.

Our children have access to a progressive curriculum that is taught through the Jigsaw scheme of work. This supports the development of the 'whole child', by helping them to understand how they are developing personally and socially as well as promoting their social, mental and physical development. Children will be able to develop the ability to tackle the moral, social and cultural issues that are part of growing up.

We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Embedded within the Jigsaw scheme, children are exposed to a range of families, relationships, cultures, genders, races and sexualities. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

### **By the end of Primary school, pupils should be able to:**

- To know and understand why family and friend are important, and what the characteristics are of a healthy family.
- To recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed. Also, the importance of permission-seeking and giving in relationships with friends, peers and adults.
- To know the characteristics of friendships and that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded
- To understand the importance of respecting others, even when they are very different from them and about different types of bullying, including cyberbullying and how to get help.
- To know how to respond safely and appropriately to adults and about the concept of privacy and the implications of it for both children and adults.
- To know that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. Also, how to recognise and report feelings of being unsafe or abuse.

## **Implementation**

Our PSHE Curriculum is an integral part of our whole school PSHE education provision and is designed to meet the unique needs of pupils, not only through the Jigsaw scheme, but through our wider curriculum offer.

All learning activities used in Jigsaw allow opportunities for discussion and debate. Open learning activities provide an opportunity for children to develop their skills, knowledge and understanding and attitudes.

Through our discreet lessons as well as wider cross curricular approach to teaching PSHE, children are taught how to keep themselves safe, physically and emotionally, resulting in the acquisition of knowledge and skills, which enables children to access the wider curriculum.

Jigsaw PSHE is a comprehensive and completely original Scheme of Work (lesson plans) for the whole primary school.

The Jigsaw teaching materials integrate Personal, Social, Health Education (PSHE), emotional literacy, social skills, mindfulness, and spiritual development in a whole-school approach.

The teaching of Relationships and Sex education are woven throughout Jigsaw but specifically covered in the Relationships and Healthy Me Puzzles (units), with puberty and human reproduction being taught in the Changing Me Puzzle.

The Jigsaw PSHE lessons aim to give children their entitlement to information about relationships, puberty and human reproduction, appropriate to their ages and stages of development. There are books to reinforce learning throughout the school which show a diverse range of characters. These are also available to be used within Jigsaw lessons to reinforce learning. This is also taught through carefully selected musicians, artists and other significant people that children learn about through our curriculum planning.

This work is treated in a matter-of-fact and sensitive manner and helps children to cope with change, including puberty, and to learn about healthy relationships.

### **There are six Puzzles (units):**

- Being me in My World
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me,

each with six lessons.

These are sequenced from the beginning to the end of the school year. The Relationships and Changing Me Puzzles are taught in the Summer Term.

Visitors such as emergency services, first aid training and specialised people/ organisations complement our PSHE curriculum to offer additional learning.

Weekly assemblies are linked to our PSHE jigsaw lessons and unit, this is also linked to our school values for that term.

At times, in owl groups children will have the opportunity to discuss topics about PSHE with different age groups.

### **Impact**

At Grangefield School we firmly believe that a meaningful PSHE curriculum is the key to children becoming confident, inclusive and well-rounded adults. Children can approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life. They can build up a sense of responsibility of being a citizen within the world.

- Children will demonstrate good behaviour throughout the school and at home.
- Children will be secondary school ready.
- Children have empathy and kindness to others.
- Pupil voice and class teachers' feedback
- Class Jigsaw Journals
- Discuss and debate taking in account of others' viewpoint.
- Children will justify their opinion based on their moral code.
- Children will have acquired more knowledge of the wider world, adding to their own 'cultural capital'.