

Global Child Award	
EYFS Bronze Award Complete 5 activities	Taste food from different countries.
	Learn to say "Hello", "Goodbye" and "Thank you" in another language.
	Recycle your rubbish at home to help protect the environment.
	Go food shopping with your family and look at where your fruit and vegetables come from.
	Find out about life in a different country.
	Learn about why we celebrate Christmas.
	What is the United Kingdom (UK) famous for? What do people come to the UK to see?
	Listen to and learn a song in a different language.
	Use chop sticks to eat some food.
	Watch and learn a traditional dance for another part of the world; River dancing, African dancing, hola dancing, Indian dancing.

Good To Be Me Award	
EYFS Bronze Award Complete 5 activities	Go to the park – climb, swing, slide and run around.
	Make an effort to smile at all those around you. Share a smile with others.
	Conduct a random act of kindness e.g. Give someone a flower, pay someone a compliment, give a spontaneous hug to a loved one.
	Design a healthy meal with a family member.
	Sit down with a family member and write or draw 5 things that make you happy.
	Make a celebration card for a family member or friend e.g. Birthday, Christmas, Mother's Day, Father's Day or Valentines.
	Help around the home for a week e.g. Setting the table, washing up, making your bed, putting your toys away.
	Volunteer to help in class e.g. tidying up, helping to set up etc.
	Learn how to be kind to yourself, try a 2-minute meditation, listen to relaxing music, have a go at Yoga, do something you enjoy.
	Go on a family litter pick. Remember to put your litter in the bin, recycling when you can and encourage your friends to do the same.

Solid Foundations Award	
EYFS Bronze Award Complete 5 activities	Put on a puppet show.
	Learn to write your name.
	Learn to count to 20 and back from 10 without any help.
	Learn how to hold a pair of scissors properly and practise your cutting skills.
	Look at a map, learn about where you live – which city and which county do you live in?
	Visit your local library and borrow a range of books (fiction and non-fiction).
	Talk to a family member about how life was different when they were a child e.g. school, houses, toys, food, clothes etc.
	Learn how to sing 5 different nursery rhymes. Can you hear any rhyming words?
	With a family member, conduct your very own science experiment e.g. find a range of things that float and sink, test how the height of a ramp effects speed of a toy car, explore melting and freezing.
	Create your own story and tell it to a family member.

Growth Mindset Award	
EYFS Bronze Award Complete 5 activities	Take a deep breath and look around- what do you hear and see?
	Fasten your coat zip/buttons and put your own shoes on every day for a half a term.
	Get dressed by yourself for a whole week.
	Make an obstacle course in your garden and time how quick you are. Can you beat your personal best?
	Ride a bike or scooter regularly to practise your balance skills.
	Tell a family member five things you are grateful for.
	Complete a growth mindset colouring task (ask your teacher for a sheet if you need one)
	Go on a bug hunt and look at them closely, how many legs do they have, what colour are they?
	Take notice of how you are feeling and describe your emotions to your family.
	Eat something you've not tried before – use all of your senses to pay close attention to it.